

## READINESS FOR HOSPITAL DISCHARGE STUDY -- ADULT FORM ©

Please fill in the circle next to your answer. The answers are on a 10-point scale from 0 to 10. The words below the number indicate what the 0 or the 10 means. Pick the number between 0 and 10 that best describes how you feel. For example, circling number 7 means you feel more like the description of number 10 than number 0 but not completely.

1. How physically <b>ready</b> are you to go home?	1   2   3   4   5   6   7   8   9   10 Not ready <span style="float: right;">Totally ready</span>
2. How would you describe your <b>pain</b> or <b>discomfort</b> today?	1   2   3   4   5   6   7   8   9   10 No pain/ discomfort <span style="float: right;">Severe pain/ discomfort</span>
3. How would you describe your <b>strength</b> today?	1   2   3   4   5   6   7   8   9   10 Weak <span style="float: right;">Strong</span>
4. How would you describe your <b>energy</b> today?	1   2   3   4   5   6   7   8   9   10 Low energy <span style="float: right;">High energy</span>
5. How <b>emotionally</b> ready are you to go home today?	1   2   3   4   5   6   7   8   9   10 Not ready <span style="float: right;">Totally ready</span>
6. How would you describe your <b>physical ability</b> to care for yourself today (for example, hygiene, walking, toileting)?	1   2   3   4   5   6   7   8   9   10 Not able <span style="float: right;">Totally able</span>
7. How much do you <b>know about caring for yourself</b> after you go home?	1   2   3   4   5   6   7   8   9   10 Know nothing at all <span style="float: right;">Know all</span>
8. How much do you <b>know about</b> taking care of your <b>personal needs</b> (for example, hygiene, bathing, toileting, eating) after you go home?	1   2   3   4   5   6   7   8   9   10 Know nothing at all <span style="float: right;">Know all</span>
9. How much do you <b>know about</b> taking care of your <b>medical needs</b> (treatments, medications) after you go home?	1   2   3   4   5   6   7   8   9   10 Know nothing at all <span style="float: right;">Know all</span>
10. How much do you <b>know about problems to watch for</b> after you go home?	1   2   3   4   5   6   7   8   9   10 Know nothing at all <span style="float: right;">Know all</span>

11. How much do you <b>know about who and when to call</b> if you have problems after you go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
12. How much do you <b>know about restrictions</b> (what you are allowed and not allowed to do) after you go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
13. How much do you <b>know about what happens next</b> in your follow-up medical treatment plan after you go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
14. How much do you <b>know about services and information</b> available to you in your community after you go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
15. How well will you be able to <b>handle the demands</b> of life at home?	1	2	3	4	5	6	7	8	9	10
	Not at all								Extremely well	
16. How well will you be able to <b>perform your personal care</b> (for example, hygiene, bathing, toileting, eating) at home?	1	2	3	4	5	6	7	8	9	10
	Not at all								Extremely well	
17. How well will you be able to <b>perform your medical treatments</b> (for example, caring for a surgical incision, respiratory treatments, exercise, rehabilitation, or taking your medications in the correct amounts and at the correct times) at home?	1	2	3	4	5	6	7	8	9	10
	Not at all								Extremely well	
18. How much <b>emotional support</b> will you have after you go home?	1	2	3	4	5	6	7	8	9	10
	None								A great deal	
19. How much <b>help</b> will you have if needed with your <b>personal care</b> after you go home?	1	2	3	4	5	6	7	8	9	10
	None								A great deal	
20. How much <b>help</b> will you have if needed with <b>household activities</b> (for example, cooking, cleaning, shopping, babysitting) after you go home?	1	2	3	4	5	6	7	8	9	10
	None								A great deal	
21. How much <b>help</b> will you have if needed with your <b>medical care</b> needs (treatments, medications) after you go home?	1	2	3	4	5	6	7	8	9	10
	None								A great deal	