

Dr. Krystyne Mendoza

Ph.D., LPC

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Education

**Ph.D. Texas Tech University; College of Education
Aug. 2015 - Aug. 2018**

Doctor of Philosophy in Counselor Education (GPA 4.00), with special emphasis on expressive techniques & child and adolescent behavior. This program is CACREP Accredited.

**M.A. West Texas A&M University: Graduate School
Aug.2013 - Aug. 2015**

Master of Arts in Psychology (GPA 3.87), with Clinical Psychology and Counseling focus.

**B.S. West Texas A&M University
Dec. 2010 - Aug. 2011**

Bachelor of Science in Psychology- Magna Cum Lade (GPA 3.75).

**A.S. Amarillo College
Aug. 2008 - Dec. 2011**

Associate of Arts in General Studies (GPA 3.75) and Associate of Science Psychology (GPA 3.84), both with Honors.

Professional Licenses & Certifications

- Licensed Professional Counselor
(Texas) ID #76206; Exp. 05/31/2022
(Colorado) ID # 0015546 Exp. 08/31/2021
- Trauma-Focused Cognitive Behavioral Therapy;

**C
urrent**

Apr. 2017

Certificate Received

- Somebody's Hero: Prevention & Response to Child Sexual Abuse; Certificate Received

**Apr
. 2015**

In Progress: Licenses & Certifications

- Registered Play Therapist (RPT)
I am wrapping up my second year of training, supervision, and practice to become a registered play therapist. I am on track to submit my RPT application in August of 2021.

**In
Training**

Professional Academic Experience

- **Assistant Professor at Colorado Christian University, A CACREP Accredited Institution**

May 2019 - Current

I am a full time, core faculty member at Colorado Christian University. Full-time faculty load is 30 credit hours of counseling graduate courses during a calendar year. I prepare and teach courses per CAGS standards and expectations, utilizing the Blackboard learning platform, and other assigned technologies. I assess, validate, and make recommendations for student learning and the MAC program, per the MAC Assessment Plan to ensure continuous quality improvement. I actively participate with peers in MAC faculty meetings, committee work, course development, course/program evaluation, and ongoing work of the MAC program. I will also serve as designated faculty mentor/advisor for assigned group of MAC students. I am on the Student Support Committee and serve as chair for the ad hoc committee for Curriculum Development.

- **Part-time Faculty at Amarillo Community College**

**Jan. 2016 - May
2020**

I was an instructor of record at Amarillo College, teaching approximately three classes per semester. I taught General Psychology, Dual Credit and Sophomore sections. I also taught Lifespan Development and Child Psychology in seat and online.

- **Part-time Faculty at Colorado Christian**

Sep. 2018 - Apr.

University**2019**

I was an instructor of record at CCU for two semesters before coming on as a fulltime faculty member. I taught Theological Foundations and Group Counseling.

- **Part-time Faculty at Front Range Community College**

Aug. 2017 - May. 2018

I was an instructor of record at Front Range Community College for one year. I teach General Psychology, Dual Credit and Sophomore sections. I also teach Lifespan Development and Child Psychology in seat.

- **Graduate Assistant at Texas Tech University, A CACREP Accredited Institution**

Oct. 2016 - May 2018

I worked as a graduate assistant for Dr. Charles Crews, helping first with various master's level courses and coordinating test preparation for master's students.

- **Graduate Assistant at West Texas A&M University**

Aug. 2013 - May 2015

I assisted Dr. Denton in teaching child psychopathology and child development courses. I also assisted Dr. Debutte in teaching Psychopharmacology.

Professional Clinical Experience

- **Owner: Pathway Counseling Services, PLLC**

October 2019 - Current

I am the owner and founder of Pathway Counseling Services, PLLC, private practice. I work primarily with children and adolescents who struggle with anxiety, depression, ASD, developmental delays, and academic concerns.

- **Jennings Counseling Services, LLC**

July 2018 - Oct. 2019

I was a part of the full-time clinical staff at Jennings Counseling Services. I primarily worked with children who suffered trauma and complex traumas. I provided trauma informed care, utilizing expressive techniques in working with these clients. I provided services offsite as well, at the Emergency Catholic Charities Youth Shelter and the Amarillo Children's Home. I also worked with Child Protective Services. I

have served as an expert and fact witness in Criminal, CPS, and Family Court(s) of Law.

• **Internship: Jennings Counseling Services**

**Jan. 2015 - May
2018**

I interned at Jennings Counseling intermittently for 3 years to complete my masters and doctoral practicum and internship requirements. I gained experience in child, adult, individual, and career counseling. I worked particularly with children and adolescent on issues of abuse and complex traumas. I also trained in interdisciplinary teamwork and crisis management intervention.

Teaching Experience: Courses Taught

Colorado Christian University: CACREP Accredited Institution

**May 2019 -
Current**

***Courses delivered online via Blackboard, Hybrid, and Face-to-Face**

- CSL 512: Theological Foundations of Counseling
- CSL: 662: Group Counseling
- CSL: 623: Psychopathology
- CSL: 643: Appraisal
- CSL 581; 582; 681 Counseling Residency I, II, III
- CSL: 653: Counseling Internship I, II, III
- CSL: 515: Spiritual Formations
- CSL: 503/504: Counseling Skills I & II
- CSL: 672: Research and Evaluation
- CSL: 620: Counseling Services & Methods
- CMH: 613: Empathy Training
- CSL: 632: Mood and Anxiety Disorders
- CMH: 630: Neuroscience and Clinical Counseling

Texas Tech University: CACREP Accredited Institution

***Courses delivered online via Blackboard, Hybrid, and Face-to-Face**

- EPCE 5352: Child and Adolescent Counseling: Teaching Assistant for Dr. Charles Crews
- Coordinated Preparation for the CPCE for Master's Counseling Students.

**Jan. 2017 - May.
2017**

**Jan. 2017 - Apr.
2017**

- EPCE 5369: Orientation to Professional Counseling:
Teaching Assistant for Dr. Charles Crews **Aug. 2016 - Dec. 2016**
- EPCE 5370: Ethical, Legal & Professional Issues in
Counseling: Teaching Assistant for Dr. Charles Crews **Aug. 2016 - Dec. 2016**

Amarillo Community College

***Courses delivered online via Blackboard, Hybrid, and Face-to-Face**

- PSYC 2304: Child Psychology: Instructor of Record **Aug. 2017 - May 2020**
- PSYC 2301: General Psychology: Instructor of Record **Jan. 2017 - May 2020**
- PSYC 2301DC: General Psychology Dual Credit:
Instructor of Record **Jan. 2017 - May 2017**
- PSYC 2314: Lifespan & Development: Instructor of
Record **Jan. 2017 - May 2020**

Front Range Community College

***Courses delivered Face-to-Face**

- PSYC 226: Social Psychology: Instructor of Record **Jan. 2018 - May 2018**
- PSYC 101: General Psychology: Instructor of Record **Aug. 2017 - Dec. 2017**

West Texas A&M University

***Courses delivered Face-to-Face**

- PSYC 4361: Child Psychopathology: Graduate Assistant
for Dr. Kenneth Denton **Aug. 2013 - May 2015**
- PSYC 2314: Child Development: Graduate Assistant for
Dr. Kenneth Denton **Aug. 2013 - May 2015**
- PSYC 4324: Psychopharmacology for Dr. Debutte-Smith **Aug. 2013 - Dec. 2013**

Scholarship

Journal Publications: Peer Reviewed

- **Mendoza, K.** and Bradley, L. (2021). Using storytelling for counseling with children who have experienced trauma. *Journal of Mental Health Counseling*, 43(1), **Jan. 2021**

1-18. <https://doi.org/10.17744/mehc.42.1.01>

Book Chapter(s)

- Bradley, L., **Mendoza, K.**, & Witanapatirana, K. (in progress). Teach Counseling with a Sense of Humor. **In Progress**

Book Supplemental Materials

- Crews, C., & **Mendoza, K.** **Apr. 2017**
Supplemental Material: Exam Questions & PowerPoints for Ethics in Counseling; Applied Ethics and Decision Making in Mental Health

Web Page/Editorials

- **Mendoza, K.** (2020). Creating a Safe Space for Counselors: Considerations for Safety Policy & Practice: Webpage: **May 2018**
https://www.coloradocounselingassociation.org/ccsa/Safe_Spaces.asp

Unpublished

- **Mendoza, K.** (2018). Dissertation: Counselors' Perceptions of Storytelling, Fairytales, and Sandplay in Working With Traumatically Abused Children; Dissertation; Published through Texas Tech University **May 2018**

Conference Presentations: Peer Reviewed

National Presentations

- American Counseling Association (2021): Bradley, L., Hendricks, B., **Mendoza, K.**, Hollingsworth, L., & Thompson, P. Ethics: Name that Trap. **April 2021**
- Association for Creativity in Counseling (2021): Bradley, L., **Mendoza, K.**, A Creative Model for Virtual Storytelling for Counseling with Children. **Sep. 2020**

Regional Presentations

- Rocky Mountain Association for Counselor Education and Supervision (2020): Elliot, G. & **Mendoza, K.**, Prevention and Intervention at the Crossroads of Youth Trauma and Suicide Ideation. **Oct. 2020**

State Presentations

- Colorado Counseling Association (2021): **Mendoza, K.** Working with Children in the midst of a Custody Battle: Ethical, Legal, and Best Practice Tips **Apr. 2021**
- Colorado Association for Play Therapy (2021): **Mendoza, K.**, and Raley, K. Parenting Ego States: The Id, Ego, and Superego of the Stressed Parent Implications for Play Therapy. **Feb. 2021**
- Colorado Counseling Association (2020): **Mendoza, K.**, Counselors in Court: How to Prepare, What to Know, and Tips you need to Confidently Take the Stand. **May 2020**
- Texas Association for Counselor Education & Supervision (2018): **Mendoza, K.**, & Lertora, I. Transactional Analysis and Creativity in the Classroom: A Story of Mr. Seed **Mar. 2018**

Professional Development Training (Selected)

- Arizona Association for Play Therapy: Utilizing Reality Play Therapy to Explore A Child's Quality World **Mar. 2021**
- Play Therapy Training Institute of Wyoming: The Golden Nuggets of Storyplay **Jan. 2021**
- Play Therapy Training Institute of Wyoming: Emotionally Plugging In: Reaching Caregivers to Support Change in Play Therapy **Jan. 2021**
- Play Therapy Training Institute of Wyoming: Sandplay with Children **Dec. 2020**
- Association for Play Therapy 2020 Educational Series: The Intersection of Play Therapy and Social Media: What Therapists Need to Know **Dec. 2020**
- Association for Play Therapy 2020 Educational Series: Culturally Responsive Play Therapy Supervision: Intersectionality and the Supervision Triad **Dec. 2020**
- Association for Play Therapy 2020 Educational Series: Culturally Responsive Play Therapy Supervision: Ooh **Dec. 2020**

- Baby! Infant Mental Health and Play Therapy
- Association for Play Therapy 2020 Educational Series: Adding to the ACEs of Minority Populations: COVID-19 and Implications for Play Therapy **Nov. 2020**
 - Play Therapy Training Institute of Wyoming: Sandplay and the Mandala **Nov. 2020**
 - Colorado Association for Play Therapy Fall 2020 Conference: Understanding Adoption Issues and Engaging Parents and Caregivers in Play Therapy **Nov. 2020**
 - Association for Play Therapy 2020 Educational Series: Counseling Refugee & Immigrant Children with Culturally Responsive Play Therapy **Oct. 2020**
 - Association for Play Therapy 2020 Educational Series: Disabilities Do Not Define the Child: Serving Children with Disabilities in Play Therapy **Oct. 2020**
 - PESI: Attachment Centered Play Therapy for Children & Teens: 18 Hours **Oct. 2020**
 - Texas Counseling Association: Solution Focused Play Therapy: Creative Approaches for Building Strengths **Nov. 2019**
 - Colorado Counseling Association: What Would Carl Do? Jungian Applications in Play Therapy **Aug. 2019**

Advocacy: Invited Presentations

Anxiety Coping Skills for Elementary Students

- Presentation at Louisville Elementary; Louisville, CO **Feb. 2020**

Anti-Bullying Campaign & Child Abuse Awareness for Schools and Peers

- Southlawn Elementary of Amarillo, Texas **Apr. 2014**
- Wilderado Elementary of Amarillo, Texas **May 2013**
- Stratford High School of Stratford, Texas **Sep. 2013**
- Amarillo College of Amarillo, Texas **Aug. 2013**
- West Texas A&M Tupos Organization of Canyon, Texas **Oct. 2013**

Child Advocacy Awareness & Teaching Resiliency

- Amarillo Foster Parent's Association **Jul. 2013**

- Texas CASA Convention Guest Speaker at San Marcos, Texas **Oct. 2013**
- CASA Association of Amarillo, Texas **Apr. 2014**

Secondary Trauma

- Presentation at The Bridge of Amarillo; Secondary Trauma in First Responders **Jun. 2016**
- Presentation at The Bridge of Amarillo; Secondary Trauma in Licensed Professional Counselors **Nov. 2016**

Complex Trauma

- Presentation at CASA of Amarillo; Complex Trauma in Children **Jun. 2016**

Transactional Analysis

- Presentation at Texas Tech University: Master's Counseling Students; Mr. Seed: A Transactional Analysis Activity for Counselors Who Treat Traumatized Children **Apr. 2017** **Apr. 2017** **Apr. 2017**

Professional Development

- Texas Tech University Student Lead Conference; Program Conference Director: "Leading a Revolution in American Mental Health: Combatting STIs, HIV/AIDS, and Teenage Pregnancy, and Addressing the Cultural Dimensions of Sexual Health" **Nov. 2015**

Professional Service

- Association for Creativity in Counseling: Conference Planner **Jun. 2021 - Current**
- Texas Association for Adult Development and Aging: Membership Committee Member **Apr. 2017- Current**

Research Interests

- Storytelling Techniques

- Play Therapy & Expressive Techniques
- Child and Adolescent Counseling
- Trauma & Complex Trauma
- Ethics & Best Practice

Professional Memberships

- American Counseling Association
 - o Association for Child and Adolescent Counseling (ACAC)
 - o Association for Creativity in Counseling (ACC)
 - o Association for Counseling Education and Supervision (ACES)
 - o Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)
 - o American College Counseling Association (ACCA)
- Association for Play Therapy (APT)
- Colorado Association for Play Therapy (CAPT)
- Colorado Counseling Association (CCA)
- Texas Counseling Association (TCA)
 - o Texas Association for Counselor Education and Supervision (TACES)
 - o Texas Association for Adult Development and Aging (TAADA)

Honor Societies

- Phi Kappa Phi **Inducted 2017**
- Chi Sigma Iota **Inducted 2016**
- Gamma Beta Phi Society: National Collegiate Honor Society **Inducted 2016**
- Charter Member of Mu Alpha Theta: Mathematics Honor Society **Inducted 2011**
- Member of Phi Theta Kappa: Academic Honor Society **Inducted 2010**

Honors & Awards

- College of Education Graduate Scholarship **May 2018**
- Who’s Who Among Community Colleges **May 2011**
- Presidential Honor’s Scholar **May 2011**

