# Cura Personalis: Sample Syllabus Statement

Cura Personalis (care for the whole person) is the foundation of Jesuit education and all that we do at Marquette University. If you’re interested in learning how some Marquette students understand this care for the “whole person,” you can see the video in this link:

[What is Cura Personalis?](https://youtu.be/m80RusJ7OHs?si=fd7wxdsugLWenEW4)

As you can note from the video, faculty, staff, and others care about you and all students both in and out of the classroom.

Due to this care, Marquette provides a wide variety of resources to support you and others in your and their being well.

These resources include mental health professionals in Marquette’s Counseling Center, Campus Ministry resources regarding faith, LGBTQ+ resources, the Educational Opportunities Program that supports low-income and first generation students, physical health support, mindfulness activities, the tutoring program, and more. For a consolidated list of some of the resources designed to promote Cura Personalis at Marquette, please see this link:

<https://www.marquette.edu/student-affairs/care-team-resources.php>

Especially if you find yourself struggling in some way and would like additional support, please make use of these valuable resources offered to you and all students at Marquette.

*Drafted by Dr. Melissa Shew (College of Arts & Sciences, Philsophy, summer 2020)*