



As you prepare for your interview, take time to practice some interview questions and self-reflect on your skills and abilities. Practicing for an interview makes a difference. You can set up a mock interview appointment with the BCC to work on your responses and practice answering questions.

Tell me about yourself

Employers will often start an interview by asking the applicant to give a self-introduction. Below are questions to guide a thorough response.

Where are you now (major/academics, involvement)? _____

Where have you been (past highlights)? _____

Where are you going (future goals / interests)? _____

Question for the recruiter (career fair) OR reason for interest in this opportunity (interview): _____

What do you know about our company?

Employers want to understand your interest in them and evaluate your research and preparation skills. This question may also be phrased as: what interests you about our company?

Prove Self-Awareness

Using the job/internship description, make a list of 5 skills and qualities that will be important in the position you are interviewing for in column one. In column two, write a specific example you could share to demonstrate that skill.

Examples may come from school, class projects, work, volunteer or internship roles, student organizations, etc.

Skill or Quality	Example to Demonstrate
I have _____ or I am _____.	How do I demonstrate this? What do I hope to continue to do with this?

Weakness: What are you struggling with?	What are you doing to improve? What has been the result? What have you learned?



S.T.A.R Method for Behavioral Questions

Employers often ask “tell me about a time when” questions that prompt the applicant to describe a specific example or past behavior. When answering these questions, describe the **S**ituation, **T**ask, **A**ctions and **R**esults (S.T.A.R.). Use a sample question from the Interview Questions Handout to complete the table.

	Your Answer	How does this relate to the company/position? Why is this relevant?
S: Situation		
T: Task		
A: Action		
R: Results		

In addition to sharing an example, tell the interviewer what you learned from this experience that will make you a better professional.

L: Learning	Describe what you learned from the experience.	
A: Application	How would you apply these results and learning to the role?	