

# Introduction to the Psychology Major

Thursday, February 23, 2023

Please take an index card, pencil (if needed), and candy

1

#### **Topics We'll Cover**

- Why major in psychology
- Declaring a psychology major
- Advising
- Psychology major requirements
- Research opportunities
- Honors in Psychology vs. Psi Chi
- Other opportunities and support services







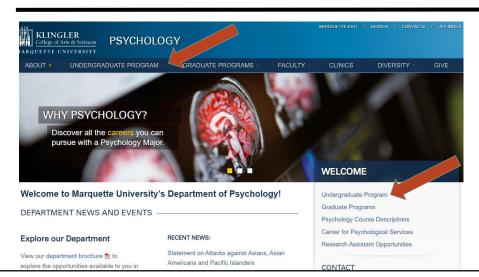
# Why major in psychology?

- Psychology majors acquire knowledge about the causes and consequences of human behaviors and mental processes
- Psychology majors learn essential skills
  - Communication
  - Collaboration
  - Critical thinking
  - Professionalism
  - Ethical reasoning



3

# www.marquette.edu/psychology



# **Declaring a Psychology Major**



- Must be enrolled in the College of Arts and Sciences if you want psychology to be your primary major
  - If not in A&S, complete Internal Transfer form (Registrar's Academic Forms webpage) to change colleges
- Complete Declaration of Major form (College of Arts and Science's Academic Forms webpage)
  - Submit it electronically (from your Marquette.edu email address to Catherine.Porter@marquette.edu) or turn it in to the Department of Psychology office (Cramer Hall 317)

5

#### **Importance of Declaring a Major**



- Declare as soon as you decide
- Registration seats saved for psychology majors
- Receive emails about department events and opportunities

Recommend declaring before Spring Vacation if you'd like to enroll in psychology class for Fall 2023!

#### Advising after you declare the major

- Once you declare, you will be assigned a psychology faculty member advisor
- First- and second-year students
  - Continue to be advised by College Advising
     Center, EOP, or Honors Program
  - Meet with faculty for psychology-related questions
- Juniors and seniors
  - Meet with faculty advisor

Program Advisor
Julia Farley
Astrida Kaugars

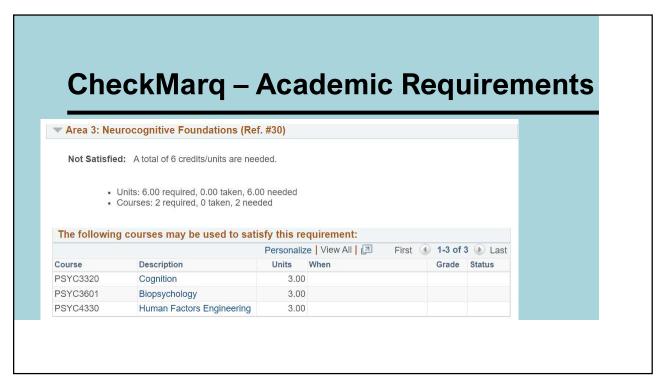
Expected Grad Term:
2026 Sprg Details

7



Psychology Major Requirements (B.A) (if declared before July 1, 2022; 35 credits)		
General Psychology (or AP equivalent)	3 credits	
Psychology Measurement and Statistics	4 credits	
Research Methods and Designs in Psychology	4 credits	
Developmental	3 credits	
Social	3 credits	
Cognitive Science	3 credits	
Clinical	3 credits	
Biological	3 credits	
Electives (3 courses; 2 must be upper division)	9 credits	

Psychology Major Requirements (B.A.) (if declare after July 1, 2022; 38 credits)		
General Psychology (or AP equivalent)	3 credits	
Psychology Measurement and Statistics	4 credits	
Research Methods and Designs in Psychology	4 credits	
Developmental (1 course)	3 credits	
Social Processes (1 course)	3 credits	
Personal Processes (1 course)	3 credits	
Diversity and Inclusion (1 course)	3 credits	
Neurocognitive Foundations (2 courses)	6 credits	
Electives (3 courses; 2 must be upper division)	9 credits	



35/38 credits
15 credits
6 credits
3 credits
6 credits

Psychology Minor Requirements	
Required psychology credits	18 credits
PSYC 1001 General Psychology	3 credits
Elective courses	15 credits
	4.1

Choose five PSYC courses, three of which must be upperdivision

PSYC 1700 counts toward the minor only if MATH 1700 is also taken preferably in the same term

13

#### **Other Psychology Courses**

- PSYC 4963: Peer Tutoring in Psychology (3 credits)
- PSYC 4964: Field Experience in Psychology: Internship (3 credits)
- PSYC 4956: Advanced Undergraduate Research



# **PSYC 4964 Field Experience in Psychology**

- 3 credits each for fall and spring semesters: 6/9 psychology elective credits
- 24 Student Interns // 13 Sites // 4 Clusters
  - Decarceration / Reentry
- Domestic Violence
- LGBTQ+ Support / Advocacy Faith and Social Justice
- Minimal 10 hours per week
  - 8 hrs field work; 1 hour meeting with students in cluster
  - ALL TEAM Social Justice Opportunities
- Brief Writing Assignments
- Possible Stipend: Eliana Winterbauer-Light Fund

15

# **PSYC 4964 Field Experience in Psychology: Application Process**

- March 1: Application link (Qualtrics) sent to all Psychology Majors
  - If you are not a major, email ed.destaubin@marquette.edu for the link
- March 8: Applications due
  - Basic information, transcript, rank clusters, three essays
- 1. Why do you want this internship? What experiences (courses, work/volunteer, personal, etc.) Have you had that prepare you for this internship? How will this internship connect to your future plans (intellectual, academic, career, personal, etc.)?
- 2. I strongly believe that a core strength of this internship is the diversity of its students and mentors – both in terms of one's personal identity and one's interests/experiences. How might you contribute to this diversity?
- 3. You already ranked the 4 internship clusters in terms of your preferences for a placement. This is your chance to elaborate on why you ranked as you did.

# **Consider Double Major and/or Minor**

- College of Arts and Sciences
  - Majors and minors
  - Interdisciplinary programs
- Majors or minors in other colleges
  - May be some limitations if not enrolled in the college
  - College of Business Administration
  - College of Education
  - College of Communication

17

# Interdisciplinary Majors and Minors with Psychology Courses

Africana Studies major and minor

**Broad Field Social Science minor** 

Cognitive Science major

Culture, Health, and Illness minor

Family Studies minor

Gender and Sexuality Studies major and minor

Latinx Studies minor

Peace Studies major and minor

#### **Research Opportunities**

- Why is research experience important?
  - Science of psychology
  - Fosters collaboration
  - Facilitates mentoring relationships
- How do you find a research lab?
  - Faculty Research Labs webpage
  - Email faculty member and ask for RA application
  - PSYC 4956 credit





19

#### Honors in Psychology vs. Psi Chi

- Honors in Psychology is an academic program that is part of the University Honors Program
  - Complete honors sections of foundation courses (MATH 1700H, PSYC 1700H, and/or PSYC 2050H)
  - Complete an independent research project senior year
  - Apply junior year
- Psi Chi is the National Honor Society in Psychology
  - At least 2<sup>nd</sup> semester sophomore, 9 credits
  - 3.0 GPA; cumulative GPA within top 35% of college



#### **Student Organizations**

- Active Minds is a national leader for young adult mental health advocacy and suicide prevention.
- Marquette SHAPE (Student Health Allies and Peer Educators) is an organization for student athletes working to break the stigma surrounding mental health in athletics
- WE ARE SAATH promotes awareness and discusses mental health in the South Asian Community

21

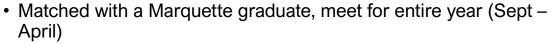


# **Other Opportunities**



- Educational Opportunity Program McNair Scholars Program
  - Review eligibility criteria on website
     (https://www.marquette.edu/mcnair-scholars-program/apply-now.php)

     Information assoigns throughout October MARQUETTE V
  - Information sessions throughout October
  - Application due October
- Marquette Mentoring program (https://alumni.marquette.edu/mentors)



Application due early fall semester (i.e., 1st\_2nd week of classes)

23

#### **Other Opportunities**

- Profile on Handshake
  - Automatically have an account
  - Set up profile for relevant postings
  - www.marquette.edu/career-services

Getting Started.

Handshake ULINE

Handshake is Marquette's career management platform, where students and alumni can schedule career counseling appointments, view upcoming events, and search jobintenship opportunities from thousands of employers ranging from nonprofit startups to Fortune 500 companies. Wherever you're headed on your career journey, Handshake is the place to start.

Students Login - Login with MU credentials

Alumni Login | Employer Login | Faculty / Staff Login - Login or create an account

Download the Handshake app for iOS

Search for jobs and respond to prospective employers as soon as they message you.

Download the Handshake app for Android

Search for jobs and respond to prospective employers as soon as they message you.

# **Support Resources**

- Faculty/Instructor/TA office hours
  - Check syllabus (in person or virtual)
- Office of Student Educational Services
  - Free tutoring: PSYC 1001 and MATH 1700
  - Academic coaching
- Norman H. Memorial Ott Writing Center
- MIC Speakers Lab (www.Marquette.edu/themic/)

25



- Upcoming sessions
  - Honors in Psychology
  - Considering graduate school?
- Questions? Contact me: astrida.kaugars@marquette.edu
- Index card
  - What new piece of information did you learn tonight?
  - What else would you like to learn more about?