

# Delta Dental gives enrollees the latest information about oral health, overall health connection

Delta Dental of Wisconsin is launching a series of electronic newsletters to provide subscribers with helpful information related to oral health and overall health. While the newsletters are designed primarily for persons with specific medical conditions, anyone can sign up to receive any or all of the newsletters. Three e-newsletters are available:

## Helping Control Your Diabetes

A free publication for persons with diabetes with the latest information about the important connections between diabetes and gum disease. Learn what your dentist and you can do to help manage your diabetes more effectively.

## Healthy Gums, Healthy Smile

Many people with gum disease undergo periodontal surgery repeatedly. Learn how you can make your first perio surgery your last one with this free publication offering tips on how you can restore your gums to better health and keep them healthy.

## Healthy Smile, Healthy Baby

Some studies show that gum disease during pregnancy can increase the risk of having a low birth weight baby. This free publication is for women who are pregnant or thinking about becoming pregnant, and will give you tips for maintaining your oral health before, during and after pregnancy.

Signing up is easy. Just go to [www.deltadentalwi.com/subscribe](http://www.deltadentalwi.com/subscribe). All that's required is

a name and e-mail address. The newsletters use a "best practices" approach of requiring a double opt-in for subscriptions (subscribers will need to click a link on an e-mail sent to whatever e-mail address they have given us to initiate the subscription). Newsletters will be delivered approximately every other month. Each newsletter includes a clickable link to easily unsubscribe.


### Subscribe Now!


Current Location: [Delta Dental Home Page](#) > [Subscribe Now](#) July 14, 2008


**Subscribe Now!**

Learn more about connections between oral health and overall health with our FREE e-mail newsletters. Choose as many newsletters as you wish, enter your e-mail address and name, and click subscribe.

You will get an e-mail which will contain a link that you must click to confirm your subscription.

**Helping Control Your Diabetes**   
A free publication for persons with diabetes with the latest information about the important connections between diabetes and gum disease. Learn what your dentist and you can do to help manage your diabetes more effectively. [View Sample](#)

**Healthy Gums, Healthy Smile**   
Many people with gum disease undergo periodontal surgery repeatedly. Learn how you can make your first perio surgery your last one with this free publication offering tips on how you can restore your gums to better health and keep them healthy. [View Sample](#)

**Healthy Smile, Healthy Baby**   
Some studies show that gum disease during pregnancy can increase the risk of having a low birth weight baby. This free publication is for women who are pregnant or thinking about becoming pregnant, and will give you tips for maintaining your oral health before, during and after pregnancy. [View Sample](#)

First Name:

Last Name:

E-mail:

*It's easy to sign up at [www.deltadentalwi.com/subscribe](http://www.deltadentalwi.com/subscribe)*