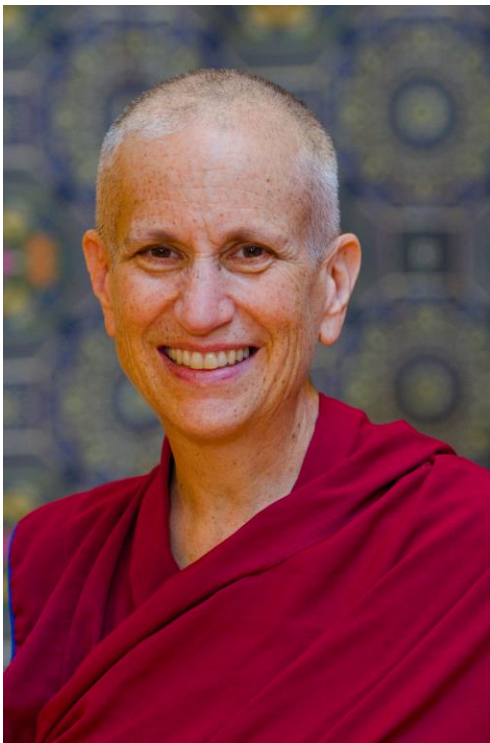


# PUBLIC TALK: CULTIVATING COMPASSION IN DAILY LIFE



*Venerable Chodron, Abbess of Sravasti Abbey*

Venerable Chodron is the Abbess of Sravasti Abbey, a Buddhist monastic community in Newport, Washington. She has studied extensively with His Holiness the Dalai Lama and many other Tibetan masters. With a clear, practical, and humorous style, she teaches Buddhist philosophy and meditation worldwide. Author of *Don't Believe Everything You Think*; *Buddhism for Beginners*; *Open Heart, Clear Mind*; *Working with Anger*.

**March 26, 2014 4:30 – 6 pm**

**Marquette University Ballroom D, 1442 W. Wisconsin Avenue**

*"Understanding the true meaning of compassion is not easy. It requires contemplation, making peace with our fears and dispelling misconceptions. In doing this, our hearts will open to ourselves and others in a way we may never have thought possible." - Living with an Open Heart: How to Cultivate Compassion in Everyday Life, by Ven. Thubten Chodron and Russell Kolts*