

**Course:** EXPH 3600: Understanding & Promoting Equity via the Social Determinants of Health  
**Credit Hours:** 3 Spring, 2022 Semester  
**Instructor:** Christopher J Simenz  
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**Office:** 215F Cramer Hall (Meetings by appointment)  
**Lecture:** Online Synchronous w/ weekly class meetings (1.5 hours) **WEDNESDAYS, 6-7:30pm**  
**Discussion:** Team Discussion (weekly, time agreed upon by group)  
**Community Engagement:** 45 hours spent on site with a community partner in Milwaukee (3 hours/wk)

### **COURSE DESCRIPTION**

This course will provide an overview of the current status of the Social Determinants of Health (SDOH) in the context of a large, urban city (Milwaukee context). Through the lens of cultural humility, students will engage with reading and questions for weekly discussion, as well as a weekly, synchronous online meeting (OR LIVE MEETING pending COVID) with community leaders in a number of interdisciplinary content areas including: Built Environment, Education access and inequity, Employment access and opportunity, Food Insecurity, Healthcare access and navigation, Housing access, and Community Building. Students will ideally get the chance to spend learning time in a FQHC, Food Pantry, Community Center, and Healthcare Navigation Agency under the guidance of community experts in each content area.

### **TEACHING METHODS AND LEARNING EXPERIENCES:**

- A. Class lectures by instructor and guest lecturers (ONLINE Synchronous OR LIVE)
- B. Supplemental readings and handouts
- C. Online D21 Assignments
- D. Discussion amongst group online (weekly)

### **COURSE OBJECTIVES AND COMPETENCIES:**

Upon completion of this course, students will be able to:

- A. Identify components of cultural humility and application to practice in the health setting
- B. Identify the Social Determinants of Health, their impacts on wellness, and the effects of systemic oppression on the health of marginalized populations
- C. Develop an understanding of the community engagement process and the role of an ally/opportunities for partnership in the healthcare space
- D. Develop strategies to reduce barriers to and access to health SDOH factors for marginalized populations
- E. **Students will spend 45 hours on site** at either UniteWI (healthcare navigation) or Friedens Community Pantries/StreetLife Communities (Food/Housing Insecurity) experiencing SDOH from the community perspective
- F. Students will work in partnership with community partners (Friedens/StreetLife and UniteMKE) to create a project/work product that supports the organization and community, and will present that project at the end of the course

## Schedule

<u>Week</u>	<u>Topic</u>	<u>Lecture</u>	<u>Media</u>	<u>Assignment(s)</u>
<a href="#">(1/18/2022)</a>	Culture Defined- Culture and Wellness		<a href="https://pressbooks.howardcc.edu/soci101/chapter/3-2-the-elements-of-culture/">https://pressbooks.howardcc.edu/soci101/chapter/3-2-the-elements-of-culture/</a>	
<a href="#">(1/24)</a>	Cultural Humility		YOUTUBE: Cultural Humility Dr. Juliana Mosley: <a href="https://www.youtube.com/watch?v=Ww_ml21L7Ns">https://www.youtube.com/watch?v=Ww_ml21L7Ns</a> <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5086762/pdf/ijerph-13-01023.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5086762/pdf/ijerph-13-01023.pdf</a>	
<a href="#">(1/31)</a>	Social Determinants of Health Overview			
<a href="#">(2/07)</a>	Research in SDOH	Paula Papanek- MU EXPH Staci Young- MCW		
<a href="#">(2/14)</a> -	Discrimination Impacts on/SDOH	Karen Robinson-MU NURS TBD	<a href="https://ajph.aphapublications.org/doi/epub/10.2105/AJPH.2015.302903">https://ajph.aphapublications.org/doi/epub/10.2105/AJPH.2015.302903</a> YOUTUBE: Patricia Devine: Breaking the Prejudice Habit <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3603687/pdf/nihms396358.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3603687/pdf/nihms396358.pdf</a>	
<a href="#">(2/21)</a>	Community Engagement	David Nelson- MCW		
<a href="#">(2/28)</a>	Education	Anthony McHenry- MAS Debra Nevels- MCW		
<a href="#">(3/07)</a>	Employment			
<a href="#">(3/14)</a>	<b>Spring Break- NO CLASS</b>			
<a href="#">(3/21)</a>	Food Insecurity	Sophia Torrijos- Friedens Yvonne Greer- Y Eat Right		
<a href="#">(3/28)</a> -	Healthcare Access	Bria Grant- UniteMKE Geeta Wadhvani- CHW	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7210348/pdf/11606_2020_Article_5720.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7210348/pdf/11606_2020_Article_5720.pdf</a> Reducing Barriers to Care and Addressing SDOH (PDF) <a href="https://youtu.be/GPW0j2Bo_eY">https://youtu.be/GPW0j2Bo_eY</a>	
<a href="#">(4/04)</a>	Housing	Eric Collins-Dyke MKE		
<a href="#">(04/11)</a>	Built Environment	Keith Stanley-NWSP		
<a href="#">(04/18)</a>	Community Building	Panel		
(04/25)	<b>Student Presentations/Project</b>			
(05/03)	<b>Student Presentations/Project</b>			